

# The Assessment of Sexual Knowledge in Adolescents - 'ASKA'

(Final version 1.4: Date: 15.03.15)

Adapted from, The Assessment of Sexual Knowledge - 'ASK' (Butler, Leighton & Galea, 2003) by Samantha Richards in consultation with the Learning Disability Working Group.

Today's Date:			
Young Person's Identification Number: _		Age:	
School Year:	Ethnic Origin:		
Name of Organisation:			
Name of Administrator:			

# Section 1 – Parts of the Body

Circle the appropriate score for each question and add comments in the space provided.

	Item	Score
1.	Which of these people is most like you?	(use picture 1 & 2)
	Correct	2
	Incorrect	0
Comme	ents:	
2.	What are these called? [Point to the HANDS]	(use picture 1 & 2)
	Hands/hand/fingers/thumb/other colloquial terms Incorrect	2 0
Comme	ents:	
3.	What is this called? [Point to the PENIS]	(use picture 2)
	Penis/Cock/dick/willy/other colloquial terms Incorrect	2 0
Comme	ents:	
4.	What does a man use his <i>penis</i> for?	
	At least two of: anything related to reproduction, sexual activity,	
	urination, masturbation	2
	Any one of the above	1
	Don't know/Incorrect answer PROMPT: Anything Else?	0
Comme	ents:	
5.	What are these called? [Point to the TESTICLES]	(use picture 2)
	Testicle(s), test(s), balls, scrotum, other colloquial terms	2
	Groin, crotch, privates, private parts	1
	Don't know/Incorrect answer	0
	PROMPT: What is behind the man's penis?	
Comme	ents:	

	Item	Score
6.	Why does a man have testicles?	
	At least one of: anything related to reproduction, anything related to	
	semen/sperm production or ejaculation	2
	Anything related to sex	1
	Don't know/incorrect answer	0
Comme	ents:	
		( )
7.	What is this called? [Point to the BOTTOM]	(use picture 3)
		_
	Buttocks, backside, arse, bottom, bum, other colloquial terms	2
	Privates, private parts	1
	Don't know/Incorrect answer	0
Comme	ents:	
8.	What do people use their <i>bottoms</i> for?	
		2
	Bowel motions and /or sexual activity, specific description	2
	Sitting, passing wind	1
	Don't know/Incorrect answer	0
	PROMPT: Anything Else?	
Comme	ents:	
0	What is this called? [Point to the MOUTH]	(use picture 1 & 2)
9.	what is this called: [Point to the Mooth]	(use picture 1 & 2)
	Mouth/lips/Gob	2
	Head/face	1
	Don't know/Incorrect answer	0
	Don't know/incorrect answer	U
Comme	ontc·	
Commi	?nts:	
10	What are these called? [Point to the BREASTS]	(use picture 1)
10.	What are these canca: [Form to the BREASTS]	(use picture 1)
	Breasts, boobs, tits, bosom, knockers, hooters, other colloquial terms	2
	Privates, private parts	1
	Don't know/Incorrect answer	0
	Don't know/incorrect answer	U
Commo	onte:	
Commi	ents:	
11	What does a woman use her <i>breasts</i> for?	
11.	What does a woman use her breasts for:	
	To provide milk to a baby and /or for sex, to suck (no reference to baby)	2
	Don't know/Incorrect answer	0
	DOIT E MIDW/IIICUITECE AIISWEI	U
Comme	ontc·	
Commit	ents:	
l		

Item	Score
12. What is this called? [Point to the VAGINA]	(use picture 1)
Vagina, vulva, fanny, pussy, other colloquial terms	2
Private, private parts, groin	1
Don't know/Incorrect answer	0
PROMPT: Anything Else?	
Comments:	
13. What does a woman use her <i>vagina</i> for?	
At least two of: making a baby, menstruation, masturbation, sexual	
activity, urination	2
Any one of the above	1
Don't know/Incorrect answer	0
PROMPT: Anything else?	
Comments:	

## Section 2 – Public and Private Parts and Places

Item	Score
14. Point to the private parts of a man's body?	(use picture 2)
Points to the Penis, testicles, bottom	2
Any one of the above	1
Don't know/Incorrect answer	0
PROMPT: Private parts – parts of your body that you don't show to othe	r
people without your permission	
PROMPT: Anything else?	
Comments:	
15. Point to the private parts of a woman's body?	(use picture 1)
Points to vagina, breasts, bottom,	2
Any one of the above	1
Don't know/Incorrect answer	0
PROMPT: Private parts – parts of your body that you don't show to othe	r
people without your permission	
PROMPT: Anything else?	
Comments:	
16. Point to a picture of a private place.	(use picture 4)
Bedroom, bathroom/shower	2
Any one of the above	1
Don't know/Incorrect answer	0
PROMPT: Private place – a place where you can be alone or by yourself	
PROMPT: Anything else?	
Comments:	
17. What sort of things can people do in a private place?	
Any two of: dress, wash, have sex, masturbate, any other socially appro	priate
activity	2
activity Any one of the above	2 1
activity Any one of the above Don't know/Incorrect answer	2
activity Any one of the above	2 1

	Item	Score
18.	Point to a picture of a public place	(use picture 4)
	Bus, classroom	2
	Any one of the above	1
	Don't know/Incorrect answer	0
	PROMPT: Public place – a place where other people can go, e.g. outside of the house, in the community.  PROMPT: Anything else?	
Comme	nts:	
19.	What sort of things can people do in a public place?	
	Any two socially acceptable activities	2
	Any one of the above	1
	Don't know/Incorrect answer	0
	PROMPT: Public place – a place where other people can go PROMPT: Anything else?	
Comme	nts:	

Total Score
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# **Section 3: Puberty**

Item	Score
20. Point to the teenagers.	(use pictures 1 & 2)
	2
Correct Incorrect	2
incorrect	U
Comments:	
21. Point to the children.	(use pictures 1 & 2)
Points to male and female child and male and female baby	2
Points to either the children or the babies but not a combination	on of both 1
Incorrect	0
NB: If respondent points to male and female child but not the bo not the male or female child then use prompt. PROMPT: Any others?	abies, or the babies but
Comments:	
22. Point to the adults.	(use picture 1 & 2)
22. Point to the addits.	(use picture 1 & 2)
Correct	2
Incorrect	0
Comments:	
23. What happens to a boy's body when he changes to a young ma	in?
Any three of: voice deepens, pubic hair growth, wet dreams, sp grows facial hair, increased interest in sex and or girls, penis ge	
testicles get bigger, other changes associated with puberty.	2
Any one or two of the above	1
Don't know/incorrect answer	0
PROMPT: Anything else?	
NB: If respondent replies 'Puberty' use the prompt to gain furth	ner detail
Comments:	
24. What happens to a girl's body when she changes to a young wo	oman?
Any three of: pubic hair growth, breasts develop, menstruation	n hegins
spots/acne, hips become bigger, increased interest in sex and/o	_
other changes associated with puberty	2
Any one or two of the above	1
Don't know/incorrect answer	0
PROMPT: Anything else?	-
Comments:	

Item	Score
25. What is it called when the penis looks like this?	(use picture 5)
Erection, hard on, stiffie, other colloquial terms	2
Don't know/Incorrect answer	0
Comments:	

Total Score	
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## **Section 4: Masturbation**

	Item	Score
26.	What is this boy doing?	(use picture 6)
	Masturbating, wanking, playing with himself, other colloquial terms,	
	specific description	2
	Hard on, erection, stiffie, moving hands on penis, unrelated to sex	1
	Don't know/Incorrect answer	0
Comme	ents:	
27.	Where is it okay for a boy to do this, <i>masturbate</i> ?	
	Bedroom, bathroom, private toilet, in a private place	2
	Other toilet	1
	Don't know/incorrect answer	0
	N.B. If they answer 'toilet' use the prompt to establish if they mean a if public score 1. PROMPT: What kind of toilet	public or private toilet,
Comme	ents:	
28.	What is this girl doing?	(use picture 7)
28.		(use picture 7)
28.	What is this girl doing?  Masturbating, playing with herself, other colloquial terms, specific description	(use picture 7) 2
28.	Masturbating, playing with herself, other colloquial terms,	
28.	Masturbating, playing with herself, other colloquial terms, specific description	2
	Masturbating, playing with herself, other colloquial terms, specific description Moving hands on vagina, unrelated to sex	2 1
Comme	Masturbating, playing with herself, other colloquial terms, specific description Moving hands on vagina, unrelated to sex Don't know/Incorrect answer	2 1
Comme	Masturbating, playing with herself, other colloquial terms, specific description Moving hands on vagina, unrelated to sex Don't know/Incorrect answer	2 1
Comme	Masturbating, playing with herself, other colloquial terms, specific description  Moving hands on vagina, unrelated to sex  Don't know/Incorrect answer  ents:  Where is it okay for a girl to do this, masturbate?	2 1 0
Comme	Masturbating, playing with herself, other colloquial terms, specific description  Moving hands on vagina, unrelated to sex  Don't know/Incorrect answer  ents:  Where is it okay for a girl to do this, masturbate?  Bedroom, bathroom, private toilet, in a private place	2 1 0
Comme	Masturbating, playing with herself, other colloquial terms, specific description Moving hands on vagina, unrelated to sex Don't know/Incorrect answer  ents:  Where is it okay for a girl to do this, masturbate?  Bedroom, bathroom, private toilet, in a private place Other toilet Don't know/incorrect answer  N.B. If they answer 'toilet' use the prompt to establish if they mean a	2 1 0
Comme	Masturbating, playing with herself, other colloquial terms, specific description Moving hands on vagina, unrelated to sex Don't know/Incorrect answer  ents:  Where is it okay for a girl to do this, masturbate?  Bedroom, bathroom, private toilet, in a private place Other toilet Don't know/incorrect answer	2 1 0

ltem	Score
30. What does it mean to have an orgasm or come?	
Semen comes out of penis, ejaculating, squirting, the peak of a wom sexual arousal, contracting of a woman's lower pelvic muscles or oth	
colloquial terms.	2
Don't know/incorrect answer	0
Comments:	
31. What is the white sticky stuff that comes out of a man's penis called	?
Semen, sperm, 'cum', spunk, other colloquial terms	2
Don't know/incorrect answer	0
Comments:	

Total Score

# **Section: 5 - Relationships:**

Item	Score
32. What kind of relationship do these people have?	(use picture 8)
Friendship, mates	2
Don't know/incorrect answer	0
Comments:	
33. What sort of things can people do with friends?	
Any two of : hugging, talking, going to the movies, having dinner,	
go for a drink, have a laugh, other socially appropriate behaviour	
and activities	2
One of the above	1
Don't know/incorrect answer	0
PROMPT: Anything else?	
Comments:	
34. What kind of a relationship do these people have?	(use picture 9)
Girlfriend and boyfriend, other colloquial terms	2
Don't know/incorrect answer	0
Comments:	
35. What sort of things can people do with their girlfriend/boyfriend?	
Any two of : hugging, kissing, sex, going to the movies, having dinner	
talking, other socially appropriate behaviour and activities	2
One of the above	1
Don't know/incorrect answer	0
PROMPT: Anything else?	
Comments:	
36. This is a picture of a young woman. [Point to the young woman]	(use picture 10)
Point to the person most likely to be her boyfriend.	(ase picture 10)
Male her own age	2
Elderly man	1
Any female or young boy	0
Comments:	

Item	Score
37. This is a picture of an old man. [Point to the elderly man]	(use picture 10)
Point to the person most likely to be his girlfriend.	
Female his own age	2
Young woman	1
Any male or young girl	0
Comments:	
38. Point to the people who could be married.	(use picture 10)
	_
Elderly couple, adult man and woman, combination of adults couples	2
Don't know/incorrect answer	0
PROMPT: Anyone else?	
Comments:	

Total Score	
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## **Section 6: Social-Sexual Boundaries**

Item	Score
39. Who is allowed to touch the private parts of your body?	
Anyone you give permission to, any two of: me/myself, husband/wife,	
boyfriend/girlfriend, doctor	2
Any one of the above, no one [don't prompt]	1
Other	0
PROMPT: Private parts-parts of your body that you don't show to other	
people without your permission.	
PROMPT: Anyone else?	
Comments:	
40. Who can you tell if someone touches the private parts of your body and	you
don't want them too?	
Parents, carer, teacher, friend, doctor, police, psychologist, social worke	er 2
Don't tell anyone, don't know/incorrect answer	0
Comments:	
41. What is happening here?	(use picture 11)
Two people shaking hands, saying hello, greeting each other, making	_
friends, other colloquial terms	2
Don't know/incorrect answer	0
Comments	
Comments:	
42. Is this an okay or not okay way of touching?	
42. Is this an okay of hot okay way of touching:	
Okay	2
Don't know/incorrect answer	0
Don't know/incorrect answer	U
Comments:	
comments.	
43. What is happening here?	(use picture 12)
13. What is happening here.	(ase pietare 12)
One person is touching another's private parts, the person is	
uncomfortable, does not like it, or similar response to indicate the toucl	า
is unwanted.	2
Don't know/incorrect answer	0
PROMPT: Can you tell me more	Ü
. Nom it out you call the more	
Comments:	

Item	Score
44. Is it okay to touch someone like this?	
	_
Not okay	2
Don't know/incorrect answer	0
NB: If they suggest it's okay if they are in a relationship use the prompt	
If they clarify then give 2 if fail to clarify then score 0)	
PROMPT: Can you tell me more	
Comments:	
45. Seth likes Jane but Jane does not like Seth, is it okay for Seth to	(use picture 13)
touch Jane if she does not want to be touched?	(ase pictare 15)
[Point to the young man each time you say 'Seth' and point to the	
young woman each time you say 'Jane']	
young woman each time you say same ;	
No	2
Don't know/incorrect answer	0
Comments:	
46. Can a person say 'NO' to someone who wants to kiss them or touch then	n
in a sexy way?	
Yes	2
No	0
Comments:	

Total Score

# Section 7: Sexuality

Item	Score
47. What is happening in this picture?	(use picture 14)
Having sex, making love, sexual intercourse, shagging, bonking	2
fucking, other colloquial terms	2
Lying in bed, sleeping together	1
Don't know/incorrect answer	0
Comments:	
48. What happens to a woman's body when she feels sexually aroused/to	ırned on?
Nipples become erect and/or vagina becomes wet, specific descriptio	n 2
Feels nice	1
Don't know/incorrect answer	0
PROMPT: What happens to a woman's breasts, vagina?	
Comments:	
49. What happens to a man's body when he feels sexually aroused/turne	d on?
, , ,	
Penis becomes stiff/hard, gets an erection and /or nipples become er	ect, 2
specific description	1
Feels nice	
Don't know/incorrect answer	0
PROMPT: What happens to a man's penis?	
Community	
Comments:	
50. Where do people usually have sexual intercourse?	
[Where relevant also say the word they gave in answer to Question 4	71
	- 1
In the bedroom, in a private place	2
Don't know/incorrect answer	0
PROMPT: Tell me more	
Comments:	
51. What sexy things can you do with someone without having sexual into	ercourse?
Any two of: kissing, hugging, touching, masturbation, use of sex 'toys	
other appropriate activities	2
Any one of the above	1
Don't know/incorrect answer	0
PROMPT: Anything else?	
Commontes	
Comments:	

Item	Score
52. What is it called when a person puts their mouth on another person's	(use picture 15)
penis or vagina?	
Oral sex, fellatio, blow job, cunnilingus, licking her out, other	
colloquial terms	2
Don't know/incorrect answer	0
Comments:	
53. What is it called when a man puts his penis in another person's	(use picture 16)
bottom?	(use picture 10)
bottom:	
Anal intercourse, bum fucking, giving one up the arse, other	
colloquial terms	2
Don't know/incorrect answer	0
2011 CKIION, INCOTTECT UNIONE	<b>C</b>
Comments:	
54. What do you call a man who prefers to have sex with another man?	(use picture 17)
,	, , ,
Homosexual, gay	2
Bent, poof, other derogatory term	1
Don't know/incorrect answer	0
N.B. if they respond with a derogatory term use the prompt if they th	en use the
correct term score 2.	
PROMPT: Do you know the proper word?	
Comments:	
55. What do you call a woman who prefers to have sex with another	(use picture 18)
woman?	
Homosexual, lesbian	2
Dyke, other derogatory term	1
Don't know/incorrect answer	0
N.B. if they respond with a derogatory term use the prompt if they th	en use the
correct term score 2.	
PROMPT: Do you know the proper word?	
Comments:	

	Item	Score	
56.	What do you call a person who likes to have sex with both men and		
	Women?		
	Bisexual, bi,	2	
	Other derogatory term	1	
	Don't know/incorrect answer	0	
	N.B. if they respond with a derogatory term use the prompt if they they correct term score 2.	n use the	
	PROMPT: Do you know the proper word?		
Comme	nts:		
			Text
		Total Score	

## **Section 8: Safe Sex Practices**

Item	Score
57. In which of these pictures could a woman get pregnant?	(use picture 19)
Points to the picture of sexual intercourse	2
Don't know/incorrect answer	0
Comments:	
58. Sally and Peter are boyfriend and girlfriend. They do not want to have a baby yet. What should they do?	(use picture 20)
Not have sexual intercourse, use contraception when they have sexual intercourse, suggests a type(s) of contraception they could use, kiss,	
cuddle, not have vaginal sex	2
Peter withdraws his penis before he ejaculates or other similar descrip	
Don't know/incorrect answer	0
	-
Comments:	
<ol><li>In which of these pictures could a person catch a sexually Transmitted infection (STI).</li></ol>	(use picture 19)
Points to the picture of sexual intercourse	2
Don't know/incorrect answer	0
Comments:	
60. Sally and Peter don't want to catch a sexually transmitted infection, ST something they can do, before having sexual intercourse?	I. Is there
Not have sexual intercourse, put on a condom, Durex, Rubber,	2
female condom/femi-dom, other colloquial terms  Don't know/incorrect answer	2 0
Don't know/incorrect answer	U
Comments:	
61. How would Peter know if he had a sexually transmitted infection?	
Sores on their genitals, unusual discharge, pain when urinating, itching	
positive test results from a Dr/clinic	2
Don't know/incorrect answer	0
Comments:	

Total Score	

## Section 9: Sex and the Law

Item	Score
62. If a person shows their private parts in a public place, could they get into trouble with the police?	(use picture 21)
Yes	2
No	0
Comments:	
63. At what age are people legally allowed to have sex?	
16 and above	2
Don't know/incorrect Answer	0
PROMPT: Legally means it is okay with the rules or laws of the United	Kingdom/UK.
Comments:	
64. What does the word 'consent' mean?	
Saying yes without being forced, saying yes because you want to	2
Agreeing to do something	1
Don't know/incorrect answer	0
Comments:	
If the young person does not know what 'consent' means offer the following asking the next question.  "Consent means saying yes without being forced (pause), saying yes.	
65. When can't an adult consent to having sex?	
When they are unconscious, when they are out of it,	
when they don't understand what they are being asked to do when drugged, when drunk,	2
Any one of the above	1
Don't know/incorrect answer	0
PROMPT: Anything else?	
Comments:	
66. If a person shows the private parts of their body to someone they do could the person get into trouble with the police?	n't know,
Yes	2
Don't know/incorrect answer	0
Comments:	

ltem	Score
67. If a person has sex with an animal, could the person get into trouble wi	th the police?
Yes	2
No, don't know/incorrect answer	0
Comments:	
68. What is it called when a person is forced to have <i>sex</i> with someone?	
Sexual assault, rape	2
Don't know/incorrect answer	0
Comments:	
69. If a man forces a woman to have <i>sex</i> with him, could he get into trouble With the police?	2
Yes	2
Don't know/incorrect answer	0
Comments:	
70. If two people agree to have <i>sex</i> and they do, is this called 'rape'?	
No	2
Yes	0
Comments:	
71. If a man does this, could he get into trouble with the police?	(use picture 22)
Yes	2
No, don't know/incorrect answer	0
Comments:	
72. If a person has <i>sex</i> with, or touches their brothers or sisters in a sexual could the person get into trouble with the police?	way,
Yes	2
No, don't know/incorrect answer	0
Comments:	

Item	Score
73. If a mother or father has <i>sex</i> with, or touches their children in a sexual v	vay,
could the mother or father get into trouble with the police?	
Yes	2
No, don't know/incorrect answer	0
Comments:	
Introduce Many and John	/was Disture 22)
Introduce Mary and John	(use Picture 23)
[Point to the young woman when you say the word 'Mary' and point to the you the word 'John]	ng man when you say
This is Mary and this is John, they are boyfriend and girlfriend. (Pause) Mary is is 16 years old. (Pause)	16 years old and John
74. If John shares naked pictures of Mary with his friend Brian, could John get into trouble with the police?	(use picture 24)
Yes	2
No, don't know/incorrect answer	0
,,,	•
Comments:	
75. If John puts photographs of his private parts onto his social networking page, could he get in trouble with the police?	(use picture 25)
Yes	2
No, don't know/incorrect answer	0
PROMPT: Social networking pages such as Facebook, Twitter, Bebo,	· ·
My Space and Hi5.	
Comments:	
76. If an adult shows a person under 18 years old (like John) pictures or videos of people doing sexual things, could the adult get in trouble with the police?	(use picture 26)
Yes	2
No, don't know/incorrect answer	0
No, don't know, meen eet answer	· ·
Comments	
	Total Score

# **Section 10: Additional Information**

1.	What does the word 'pornography' or 'porn' mean?			
	Answer:			
		does not know or provio	des an incorrect answer abov questions.	e, provide the following
	"Pornograph person sexua	•	video showing naked people c	or sex, made to get a
2.	-	oked at pornography/poperson answers 'No' skip		Yes/No (Please circle)
3.	How old wer	e you the first time you	looked at pornography/pori	n?
4.		e you looked at pornogr options below to prom	aphy/porn?" ot the young person to respon	nd, tick $$ all that apply.
		Movies		
		DVD's		
		Magazines		
		Internet		
		Other: please state _		<del></del>
5.		o you look at pornograp options below to promp	phy/porn? pt the young person to respon	nd, tick $$ all that apply.
		Every Day		
		Once a week		
		Once a month		
		Hardly ever		

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			(Please circle)
-	ou get your relationships and sex options below to prompt the you		<b>tion from?</b> son to respond, tick $$ all that apply
	A teacher/lessons at school		
			in Science   in PHSE
	A counsellor/therapist/ other professional		
	Your parents		
	Your brothers/sisters		
	Your friends		
	Other (please state)		
Answer:			
o the young per	son		
, ,,	rson vering these questions.		
k you for answ		l remai	n private"
	vering these questions.	l remai	n private"

Yes/No

6. Have you had any relationships and sex education?

#### **Knowledge Profile**

Today's date:		
Young Person's Identification Number:	Age:	
School year:	Ethnic Origin:	
Name of Organisation:		
Name of Examiner:		

#### Transfer the total score from each section to the table below.

Section	Maximum Score	Respondents Score
1. Parts of the Body	26	
2. Public and Private Places	12	
3. Puberty	12	
4. Masturbation	12	
5. Relationships	14	
6. Social-Sexual Boundaries	16	
7. Sexuality	20	
8. Safe Sex Practices	10	
9. Sex and the Law	30	
Total	152	

This profile indicates the areas where the respondent may have deficits in their sexual knowledge e.g. the distance between the maximum score and the respondents score.

These discrepancies in score combined with the comments recorded in the answer section of the test booklet indicate the level of intervention required and will help target priorities for educational and behavioural interventions.