



## Salford Safeguarding Children Partnership

# Recognising and Responding to Parental Burnout Face-Face Workshop

### Purpose of the training

The experience of parental burnout can have significant, long-lasting and pervasive consequences, affecting all aspects of a Parent-Carer's wellbeing, their children and families.

Parental Burnout can affect anyone however if you are a parent or carer of a child with SEND, the risk is often higher due to the unique and ongoing challenges involved. This is a national issue, and not just in Salford.

Parental Burnout is a priority for the Safeguarding Children's Partnership in Salford. We know we need to do more to support multi agency professionals in how to support Parent Carers in need, to recognise and respond to signs of parental burnout, find out how to positively signpost to wider services, and support them to sustain their caring role.

We want to ensure that we identify and prevent Parental Burnout and subsequently any unmet needs from escalating so that all SEND children in Salford have the childhood they have a right to. We want all families to thrive and we speak for the whole partnership when we ask everyone in Salford to support our campaign to increase the awareness of parental burnout and improve the wellbeing of parent carers and their families.

This will be an interactive session, and you will listen to Parent-Carers journeys throughout the presentations. At the end of the session delegates will have the opportunity to understand how to: support, signpost, make necessary adjustments, and referrals based on learning from the day.

The event will include a range of guest speakers from across the partnership.

### Who should attend?

This session is relevant to a wide range of **multi-agency professionals**, who work directly with Salford SEND Children and Young People. The learning is also relevant to the adult workforce.

This is a **2-hour session and will be held face-face**; delegates are expected to attend for the whole event.

Date	Time	Closing date for applications
Wednesday 1 April 2026	10.00am – 12noon	Tuesday 3 March 2026
Friday 3 July 2026	2.00pm – 4.00pm	Thursday 4 June 2026
Monday 9 November 2026	10.00am – 12noon	Friday 9 October 2026

### **[Booking Form](#)**

Please note places are limited and will be allocated after the closing date. Confirmation emails will be circulated to delegates approximately 3 weeks before the training session.

### **CHARGING POLICY**

From 1<sup>st</sup> April 2023 the SSCP has re-introduced the non-attendance charging policy. Agencies will be charged if staff fail to attend if we are not informed of cancellation at least 10 working days before the session. This includes participants who arrive late and are not admitted by the trainers as they have missed a section of the course or participants who on the day inform the trainers they need to leave early. The charge will be £50.