**National Safer Sleep Week 13- 19 March 2023**

**Resources for professionals**

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| **Description** | **Link to resource / attachment** |
| **NW region SIDS and Safer Sleep Training** plus 3 45-minute live online interactive session with the Lullaby Trust, which gives participants the opportunity to discuss the recorded training material and to ask the trainer(s) practice related questions.  **Sessions are between 12:00 – 12:45pm on:**  **• 14/03/2023 -** [**NW region SIDS and Safer Sleep | NHS England Events**](https://www.events.england.nhs.uk/events/nw-region-sids-and-safer-sleep)  **• 29/03/2023 -** [**NW region SIDS and Safer Sleep | NHS England Events**](https://www.events.england.nhs.uk/events/nw-region-sids-and-safer-sleep-63c960e205fd8)  **• 25/04/2023 -** [**NW region SIDS and Safer Sleep | NHS England Events**](https://www.events.england.nhs.uk/events/nw-region-sids-and-safer-sleep-63c970938d9dc) |  |
| **North West region Safer Sleep Task & Finish group – 7 Minute Briefing March 2023** |  |
| **Lullaby Trust infographic – statistics** |  |
| **Lullaby Trust -Safer Sleep in Winter** |  |
| **Lullaby Trust -Easy read card** |  |
| **Lullaby Trust -Fact sheet - Temperature** |  |
| **Lullaby Trust -Safer sleep advice for emergency situations**  **A guide for parents and carers** |  |
| **Lullaby Trust -Top 10 tips for health professionals working with young parents** |  |
| **Lullaby Trust -Reducing Sudden Infant Deaths in North West England** |  |
| **Lullaby Trust- a guide to buying safer sleep essentials** |  |
| **QR code for the Lullaby Trust – Professionals section** |  |
| **Institute of Health Visiting Excellence in Practice** |  |
| **RCGP Digital Poster** |  |
| **Out of routine: A review of sudden unexpected death in infancy ( SUDI ) in families where the children are considered at risk of significant harm** |  |
| **Been out for a drink – who’s in charge** |  |
| **Staying in to drink- who’s in charge** |  |
| **“Lift the baby” - Rugby Dads video, made in partnership between the NHS and London Irish Rugby Club** | [https://youtu.be/vtdLc6MtOxo](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyoutu.be%2FvtdLc6MtOxo&data=05%7C01%7Csusan.gunson%40nhs.net%7C0f6eedbd902243e5a18f08db1e4e6874%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638137094325402018%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=tRV0VDDeK2GivP3ZUrU%2B2%2BkB0YMkydyjpUHejAsv7kY%3D&reserved=0)  (skip ad to start film) |
| **“Let’s talk about safer sleep and cold homes” – slide deck from event on 4 October 2022** |  |
| **Summary of feedback from delegates at Cold Homes and Safer Sleep event 4 Oct 2022 – Menti evaluation** |  |