

Striving for Change Manchester

A new service for those who want to improve their relationships

This service aims to create an awareness of unhealthy behaviours and support individuals in working towards changing their behaviour in order to improve their relationships with their partner or ex-partner.

Once completed, the Striving for Change client may have an opportunity to be referred to the Bridging to Change Domestic Violence



Talk
Listen
Change

Prevention Programme, for further behaviour change intervention.

At the point of referral, the client will be contacted for an assessment by a dedicated assessment and referral worker.

As part of the process, the client's partner or ex-partner will be contacted and offered support.

For more info contact Sherish Aslam on **07715665019**
or email **sherishaslam@talklistenchange.org.uk**

follow us [twitter](#)

find us on [facebook](#)

www.talklistenchange.org.uk



Talk
Listen
Change

www.talklistenchange.org.uk

follow us [twitter](#)

@TLC_Charity

find us on [facebook](#)

TalkListenChange