



Supporting Dads to have the best possible relationships with their families.



- Are you a dad or a dad to be?
- Want to be the best dad and partner you can?
- How about information and resources just for dads?

Dad Matters is here to support dads with Attachment and Bonding, Supporting Mum's and Dad's Mental Health, Accessing Appropriate Services and Birth, Labour and Beyond.

Get in touch to find out about our antenatal Dad Chats, targeted groups, one to one support and volunteering opportunities



Join us on social media to learn more about and share what being a dad means to you, your partner and crucially your baby...
@DadMattersUK



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