

Salford Relationships Matter: *Youth Service DA offer - Young People*



- Group work in schools, looking at healthy relationships and friendships , identifying healthy and unhealthy behaviours and looking at abuse within relationships.
- One to one work with young people looking at relationships, addressing behaviours identifying acceptable interactions around social media , exploring the impact previous relationships have had on them and looking at control, consent and resilience. We also include planning for future relationships, including pledges, red flag awareness and awareness of support agencies available.
- Sessions within the youth centre, including young women's groups - also covering these themes .
- Using our social media channels to highlight the importance of healthy relationships , promote support agencies and to raise awareness of campaigns (lovernotfighter etc.)
- Supporting young people who have witnessed domestic abuse through one to one emotional support .

