


CEASE.

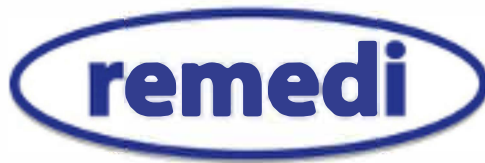
Supporting
young
people
living with
domestic
violence
and abuse.

Delivered by



CEASE : Services and Costings

3 May 2020



Introduction

The purpose of this report is to highlight the potential interventions and services that Remedi may offer in support of local activity to challenge Domestic Abuse activity in any particular region.

Remedi have developed a series programmes and roles to address the issues presented by Domestic Abuse for children and young people.

There are a range of options for service delivery open to potential contractors and these are detailed below. Remedi are able to facilitate any combination of the options provided.

Tiers of Intervention: A Scaled Approach

Remedi have developed resources which:

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***TIER ONE:** Build awareness and understanding of Domestic Abuse amongst young people generally. The aim of this work is to build greater understanding on the part of young people and to empower them to reduce the risk of subsequent involvement.

***TIER TWO:** Work on a targeted basis with children and young people in the early stages of involvement with Domestic Abuse and/or those young people identified as 'at risk' of involvement due to their peer group, previous incidents and/or the level of their vulnerability.

***TIER THREE:** Work intensively with children and young people who have been significantly involved and victimised with a focus on reducing risk and aiding emotional recovery from the harmful impacts of domestic abuse. This will include emotional and practical support and the delivery of restorative interventions.

*Local Resources to Ensure Relevance:

Remedi will work collaboratively with the contractor/purchaser to ensure that the package of services to be delivered is 'weighted' towards locally identified priorities and needs rather than adopting a 'one size fits all' approach to the work. This will take in to account local social norms, diversity and the age range of the targeted group. Participants will be educated around local sources of support and given information on how to access these services.

Services

1. 4 SESSION CEASE (Creating Empowerment & Self Efficacy) PROGRAMME

Remedi will provide all staffing and equipment required for the delivery of a specified number of our 4 session domestic violence awareness programme called CEASE to groups of 5 – 15 young people. CEASE is our early intervention educational programme which aims to:

- Help young people recognise the subtle indications of an abusive relationship
- Have an understanding of the options available to them should they encounter or witness such behaviour
- Identify local sources of specialist support and support access to those services
- Create Empowerment And Self Efficacy.

The desired outcome of the programme is for young people to have an understanding of these key points:

- What you could do if you suspect or personally experience domestic abuse?
- Who you could talk to if you suspect or personally experience domestic abuse?
- Why a person cannot "just leave" an abusive relationship
- Domestic abuse is a behavioural choice on the perpetrator's part
- What local sources of specialist support are available? And how can they be accessed?

The sessions will highlight a number of behaviours and scenarios that constitute abuse within a relationship.

2. DEDICATED CEASE PRACTITIONER

Remedi will provide trained dedicated CEASE practitioners to deliver awareness raising workshops aimed at groups of young people from 11 years upwards. These early intervention programmes will be delivered in schools, youth justice/custody settings, colleges and youth groups across the county/region.

3. ONE TO ONE INTENSIVE SUPPORT

Remedi one to one support work for children and young people affected by domestic abuse/violence differs from more commonly available advocacy support work in that all practitioners are fully trained in 'restorative approaches' and utilise these skills as a means of both engaging and supporting each child/young person. The role may best be described/named as "Restorative Independent Domestic Violence Advocate' (RIDVA)

Remedi will provide a trained Restorative IDVA to work on a one to one basis with children and young people identified via local police, local schools, local authority teams, local youth justice services etc, Each young person will receive one to one restorative mentoring sessions in which they will undertake a needs assessment to identify their desired outcomes and/or identified vulnerability/risk. This needs assessment will then be utilised to develop a clearly defined support plan with actions required. The aim of the sessions will be to build strategies with the young person and the self efficacy in order to achieve them. This will include:

- Establishing links and supported access to local specialist service providers and full liaison with principle statutory agencies in the young person's life (re-establishing education and/or training pathways for example)
 - Undertaking restorative family support work to rebuild and reaffirm relationships and protective factors in the young persons life moving forward.
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