**Inventory of controlling behaviours**

**Script to read**

*This is a list of common behaviours we know perpetrators use in relation to their partners. We want to know which ones you have used over the whole course of your relationship and those you have used in the last six months. This is a mandatory form we complete with cases referred into social care where domestic abuse is a factor.*

*If you don’t know exactly how often you have behaved in a certain way, put down the best guess you can make or the figure you think is the nearest. Next to each of the behaviours, write one of the following letters to tell us how often you have used this in the last 6 months (in the first column) and over your whole relationship (in the second column):*

|  |
| --- |
| A = once B = twice C= 3 to 5 times D = 6 to 10 times E = 11- 20 times |
| F = more than 20 times 0 = never Please hand out this chart separate to the inventory |

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Length of relationship that you are mainly referring to: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The following question relate to emotional pressures

|  |  |  |
| --- | --- | --- |
| Emotional pressures | over the last 6 months | over the whole of the relationship |
| Insulted or sworn at your partner |  |  |
| Criticised her clothes or physical appearance |  |  |
| Criticised her childcare |  |  |
| Yelled and screamed at her |  |  |
| Sulked or refused to talk in order to punish her |  |  |
| Stomped out of the room/house |  |  |
| Demanded a strict account of how she has spent money |  |  |
| Made a major financial decision without consulting her |  |  |
| Withheld money |  |  |
| Accused her of having an affair |  |  |
| Discouraged contact with her friends and/or family |  |  |
| Discouraged her contact with other men |  |  |
| Not allowed her out of the house when she wanted to go |  |  |

|  |  |  |
| --- | --- | --- |
| Restricted her use of the car or phone |  |  |
| Deliberately embarrassed her in front of others |  |  |
| Driven the car recklessly to frighten her |  |  |
| Interrupted her sleep to bother her |  |  |
| Threatened to take the children away |  |  |
| Threatened to leave the marriage/relationship |  |  |
| Threatened to hurt or kill yourself if she left |  |  |
| Threatened to hurt or kill her if she left |  |  |
| Blamed her for your problems |  |  |
| Had affairs which you made sure she knew about |  |  |
| Actively hurt yourself in her presence |  |  |
| Let her know that you have hurt yourself and blamed it on her |  |  |

Are there other forms of **emotional pressure** which you use or have used often that we haven’t listed here?

Yes No

If YES, please tell us what they are

Physical abuse

|  |  |  |
| --- | --- | --- |
| physical | over the last 6 months | over the whole of the relationship |
| Threatened to hit your partner |  |  |
| Threatened to throw something at her |  |  |
| Threatened to harm the children |  |  |
| Hit children in her presence to make her feel bad |  |  |
| Threatened her friends/relatives |  |  |
| Physically harmed a pet |  |  |
| Thrown, hit or kicked something |  |  |
| (furniture, objects) in your partner’s presence |  |  |
| Pulled her hair |  |  |
| Spat at your partner |  |  |
| Thrown something at your partner |  |  |
| Pinched her |  |  |
| Pushed, grabbed, held or shoved her |  |  |
| Held and shaken her |  |  |
| Pushed her up against a wall/floor |  |  |
| Slapped, smacked/spanked her |  |  |
| Kicked her |  |  |
| Bit her |  |  |
| Punched her with a fist |  |  |
| Hit or tried to hit her with something |  |  |
| Beat her unconscious |  |  |
| Grabbed her throat |  |  |
| Threatened her with a knife |  |  |
| Threatened her with a gun |  |  |
| Used a knife or fired a gun in her presence |  |  |
| Thrown her bodily |  |  |
| Burnt her |  |  |
| Kicked, punched or hurt her whilst she was pregnant |  |  |
| Hit or tried to hit her with something |  |  |

Are there other forms of physical threat or force that you use or have used often which we haven’t listed here? Yes / No

If YES, please tell us what they are

Sex as a form of control.

|  |  |  |
| --- | --- | --- |
| Let her know that you have hurt yourself and blamed it on her |  |  |
| Deliberately withheld affection |  |  |
| Deliberately withheld sex |  |  |
| Verbally pressured her to have sex |  |  |
| Hurt her sexually |  |  |
| Made her have sex against her will |  |  |
| Made her watch pornography when she didn’t want to |  |  |
| Made her copy acts from pornography when she did not want to and/or been sexually abusive to her after watching/reading pornography |  |  |
| Made her do sexual things which you photographed or videoed |  |  |
| Made her have sex/be sexual with other men and/or women |  |  |

Are there other forms of sexual pressure that you use or have used often which we haven’t listed here?

Impact of violence on your partner.

|  |  |  |
| --- | --- | --- |
| physical | over the last 6 months | over the whole of the relationship |
| She has been bruised to her head due to your violence |  |  |
| She has been bruised to her face due to your violence |  |  |
| She has been bruised to her body due to your violence |  |  |
| She has had a black eye due to your violence |  |  |
| She has been cut to her head due to your violence |  |  |
| She has been cut to her face due to your violence |  |  |
| She has suffered other injuries due to your violence |  |  |

Please state what:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |
| --- | --- | --- |
| physical | over the last 6 months | over the whole of the relationship |
| She has needed medical attention due to the injuries you caused |  |  |
| She was unable to do things (eg: go to work, look after the house, shop) after the injuries you caused |  |  |
| You were in trouble with the police |  |  |
| Your partner left for her own safety |  |  |
| Your partner got support from a woman’s group or refuge |  |  |
|  |  |  |

Harassing, chasing or stalking your partner.

When separated, how many times have you attempted to make contact that was not welcome?

Was this contact by phone/ letter/via friends or relatives/in person?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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What did you do on these occasions?

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\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Have there been occasions when you:

|  |  |  |
| --- | --- | --- |
| Waited outside her house for her without her agreement? |  |  |
| Waited outside her work for her without her agreement? |  |  |
| Waited in a place where you expect to see her (eg: local shops/playground) without her agreement? |  |  |
| Tried to see the children without her agreement? |  |  |
| Watched her or checked up on the children without her agreement |  |  |
| Attempted to check up on her e.g asking her whereabouts or activities) |  |  |

How did you go about this?

Are there any other incidents you would like to discuss relating to the questioned asked above?

|  |
| --- |
| Finally ask questions around the presents of the children when the DA incidents occurred |
| Have the children been aware of your violence/abuse to your partner? |
| How many times have these children attempted to intervene in your arguments? |
| How many times have these children been knocked or hit in your arguments with your partner? |
| Please detail what happened to them: |
| In what other ways have these children become involved in arguments between you and your partner? |

Practitioner’s guidance appendix C

The inventory covers all 5 levels of abusive behaviour, by completing the inventory it allows you to have more clarity on the DA risk level and behaviours of a perpetrator of domestic abuse.

This tool in conjunction with the perpetrator DASH will add more clarity to the risk the perpetrator presents and his perception of this.

This tool must be reviewed in line with the victims DASH and safety plan.

Please leave the chart unscaled until you are alone.

|  |
| --- |
| Proceed to add up the score using the number chart provided |
| A=1 |
| B=2 |
| C=3 |
| D=4 |
| E= 5 |
| F=6 |
| 0=0 |

150 or more on that chart states the perpetrator deems a level of risk that would make this referral unsuitable to be carried by early help for intervention. If the perpetrator displays any harmful behaviours in the category of physical or sexual they are NOT suitable for Early Help.