

## Parental Mental Health Training

Greater Manchester Mental Health Trust Corporate Safeguarding Team are offering further dates for their Parental Mental Health course.

This free, 3-hour, online course is aimed at non mental health professionals who work with children and young people.

The course will explore parental mental health and its potential impact on children in that family. It will look to discuss common mental health problems and their most common symptoms. It will explore young carers and the difficulties they face as well as discussing common difficulties for parents experiencing mental health difficulties.

Date	Time	Closing date for bookings
Friday 20 <sup>th</sup> November 2020	9.30am – 12.30pm	Wednesday 18 <sup>th</sup> November 2020
Friday 26 <sup>th</sup> February 2021	9.30am – 12.30pm	Wednesday 24 <sup>th</sup> February 2021

**How to request a place:** please email [Debbie.hulme@salford.gov.uk](mailto:Debbie.hulme@salford.gov.uk) with the following information:

- Preferred date
- Name of delegate
- Job title
- Agency
- Team based with
- Full address where based
- Email address
- Name of manager

**The training will be delivered via Microsoft Teams and you will receive a calendar invite which will include the link.**