

Harbour Salford Children & Young People Support

We support children and young people aged 5-18 years old who have seen or heard domestic abuse.

1-2-1

8 sessions that provide you with support around:

Home Life

Family and Friends

Understanding Domestic Abuse

Feelings

Healthy Relationships

Coping Skills

Being Safe

R'Space

7 week group support programme around:

Family and Friends

Worries

Self worth

Feelings

Anger

Safety Planning

These sessions are for:

- ✓ Children and Young people aged 5-18
- ✓ Living in Salford
- ✓ Lived through domestic abuse

Salford City Council