

The Salford Way

Trauma-informed: improving outcomes and changing lives

A key objective of the Salford Way programme is to support all practitioners to be trauma informed and ensure their practice is informed by trauma.

Working with / regulating trauma (Webinar)

The webinar will cover:

The neurobiology of threat: why people do not usually react in 'logical' or 'active' ways when faced with intimate interpersonal threat; the impact of the lack of understanding of why the person did not behave 'logically and actively', on the individual him or herself (often resulting in guilt, shame and feelings of responsibility); how, and why, people become vulnerable to repeated victimisation.

Working with guilt and shame: the psychological underpinnings of guilt; the importance of recognising that reassurance rarely reassures; knowing that if you cannot believe something as fundamentally true (from the survivors perspective) as "it was my fault" you won't be able to hear the other stuff the survivor wants/needs to tell you. how to hear the guilt and also challenge it.

The webinar will be delivered by Zoe Lodrick: Zoe is a Trainer, Consultant and Psychotherapist, and a specialist in the field of trauma informed practice, with expertise in sexualised trauma, domestic abuse, victim behaviour, sex offending and the interviewing of victims of sexual crimes is nationally recognised.

The webinar will be delivered in 2 parts, as follows:

	Date	Time
Part 1	Friday 23 rd October 2020	9.00am – 12.00pm OR 1.00pm – 4.00pm
Part 2	Tuesday 3 rd November 2020	9.00am – 12.00pm OR 1.00pm – 4.00pm

The training will be delivered via Microsoft Teams and you will receive an email with a link to the online session.

Who should attend: the course is aimed at anyone directly working with children and young people in Salford, such as professionals from health, children's social care, housing, hospital staff, police, schools and education (FE/HE).

How to request a place: please email Debbie.hulme@salford.gov.uk with the following information:

- Name & Job title / role
- Manager name
- Agency / Team based with
- Email address
- Please provide your choice of session for both Part 1 and Part 2 (AM or PM)