

Motivational questions & statements:

“I can see that you really care about your children and want to keep them safe. Do you think if the programme could support you in doing that it would be worthwhile attending?”

“I know that talking about violence isn’t easy – so it’s really good that you’re prepared to do that. I’d really like to focus on your behaviour right now because it’s you who’s made the effort to come here today. Does that sound ok to you?”

“A lot of men don’t make their first appointment – so it’s good you’ve come in. It tells me you’re probably feeling like you want support changing your behaviour and that’s really important”

“You’ve told me about some of the ways in which your life is difficult at the moment. Some of these sound like they are the result of violence or abuse in your relationship. I can’t promise that everything will work out as you want it but I can tell you we can help you to change how you are in relationships. What do you think about giving it a try?”