

Are you sad or scared?

Is someone hurting you?

If you don't feel safe and don't know what to do we want you to contact **ChildLine** and they will help. Please call on **0800 1111** or visit **ChildLine.org.uk**

You have done nothing wrong. It's okay to talk to an adult you trust and ask for help.

**Salford Safeguarding
Children Board**



Keeping children safe IN Salford