

Are you sad or scared?

Is someone hurting you?



If you don't feel safe and don't know what to do we want you to contact ChildLine and they will help. Please call on **0800 1111** or visit **ChildLine.org.uk**

You have done nothing wrong. It's okay to talk to an adult you trust and ask for help.



Keeping children safe IN Salford

Salford Safeguarding
Children Board